

# COUNSELING REFERRAL FORM

Student: \_\_\_\_\_ Grade: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Referred by (name): \_\_\_\_\_ Date: \_\_\_\_\_

Please Circle Referral Source:

Faculty

Parent

Friend (student)

Self (student)

Please provide a brief summary of the reason for the referral:

Are you looking for general guidance regarding class work, college/career issues, scheduling, scholarships, or testing (Stanford, PLAN, PSAT, ACT, SAT)?

Which of the following behaviors have you observed or do you suspect are occurring?

\_\_\_\_\_ Abuse (circle: neglect, physical, mental, sexual)

\_\_\_\_\_ Anxiety, nervousness

\_\_\_\_\_ Adjustment issues

\_\_\_\_\_ Conflict with adults, authority

\_\_\_\_\_ Conflict within the family

\_\_\_\_\_ Conflict with peers

\_\_\_\_\_ Depression, sadness

\_\_\_\_\_ Divorce, separation within family

\_\_\_\_\_ Emotional, angers easily, rageful

\_\_\_\_\_ Emotional, cries easily, sensitive

\_\_\_\_\_ Grief, loss of someone close

\_\_\_\_\_ Hyper, inattentive, easily distracted

\_\_\_\_\_ Inappropriate behaviors

\_\_\_\_\_ Loneliness, minimal friendships

\_\_\_\_\_ Low school attachment

\_\_\_\_\_ Poor grades or reduced productivity

\_\_\_\_\_ Poor hygiene

\_\_\_\_\_ Self harm or risky behaviors

\_\_\_\_\_ Stress, pressure, feeling overwhelmed

\_\_\_\_\_ Substance abuse (alcohol, drugs, tobacco)

\_\_\_\_\_ Trauma

\_\_\_\_\_ Unhealthy eating, body issues

\_\_\_\_\_ Other - please explain:

Based on your knowledge of the student, are the behaviors you noticed recent changes \_\_\_\_\_  
or common behaviors for the student? \_\_\_\_\_

What actions have you already taken with the student to address this matter?

Does the student know that you are referring them to counseling?

Are you looking for specific resources or referrals?

Other comments:

*Thank you for taking the time to support the success of this student!*

All referrals are confidential, unless you have noted otherwise.

Please return this form in a sealed envelope marked confidential to:

Summer D. Branch, PCA Guidance Counselor